

September  
2006



Oconee Regional Medical Center

## ORMC Volunteer Newsletter changes delivery format

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As part of the hospital's effort to reduce costs and become more efficient I am changing the delivery format of the Volunteer Newsletter. Currently over 200 newsletter copies are printed each month. The printing along with the postage, paper and envelopes, cost ORMC over \$100 each month. I believe that our spirit of volunteering would rather have us put that money into hospital equipment or medical supplies rather than newsletters. Starting this month, the Volunteer Newsletter will be emailed to all volunteers that have given me their email addresses. I will still be printing a limited number of newsletters each month for volunteers to pick up at the Volunteer Services office, the Pink Bow Gift Shop or the Hospital Information Desk.

I also believe that having the monthly newsletter in electronic format will enable volunteers to send a copy of their newsletter on to friends they know who might be interested in joining our volunteer family.

The hospital Information System department will also be posting our Volunteer Newsletter to our hospital website ([www.oconeeregional.com](http://www.oconeeregional.com)). This will allow volunteers and visitors to "catch up" on hospital news through our website.

As a final note, I need to ask you to please help me stay in touch with you. If you change your email address please don't forget to email or call me to let me know your new email address. I want to make sure that I keep delivering your newsletter to you!

Please call or email if you have any questions. Thank you for your help and support!

### *Inside this issue:*

*Newsletter changes method of delivery to volunteers*

*August Blood Drive Results*

*TB Skin Test*

*Rehab Service Volunteer Wins GCSU Volunteer of the Month*

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*Flu Update for vaccines—good news!*

*Volunteers Needed at ORMC*

*Stress Management*

## August Blood Drive Results!

The August 25th Blood Drive was a great success! Our hospital donation goal was 40 units of blood. Thanks to our excellent donors and volunteers we were able to collect 44 units of blood. The blood donor results were as follows:

47 staff members, 1 intern and 8 walk-ins (including volunteers and family members).

Special thanks goes to the volunteers who helped run this drive: Dot Sibley, Frankie Jenkins, Doris Stephens, Mia Clemons, Sandra Wilder, Ethel Beck and Hilda Bailey

Thank You for all that you do!



## *ORMC Volunteer Birthday List*

*Please join OPMC and the Volunteer Services Department in wishing the following volunteers a very Happy Birthday:*

|                  |      |                    |      |
|------------------|------|--------------------|------|
| Jane Vedder      | 9/1  | Caroline Mason     | 9/14 |
| Elizabeth Baarda | 9/2  | JoAnn Burns        | 9/17 |
| Jill Thomas      | 9/5  | Sam Pankey         | 9/18 |
| Paul Finney      | 9/5  | Charlotte Gandy    | 9/22 |
| Jessica Moats    | 9/6  | Catherine Ashdown  | 9/25 |
| Jessica Carretto | 9/8  | Charlene McElheney | 9/25 |
| Brenda Mason     | 9/9  | Nathalie Goodrich  | 9/30 |
| Suzy Kaufman     | 9/10 |                    |      |
| Mable Rayford    | 9/14 |                    |      |

*Happy Birthday to You!...Happy Birthday to You!...*

## **Is YOUR TB Skin Test Record Up-To-Date?**

In order to volunteer in the hospital you are required to be up-to date on your TB skin test, which has to be performed annually. According to our records, the following people are overdue for their TB skin test:

| <b>Overdue:</b>   | <b>Due in September:</b> | <b>Due in September:</b> |
|-------------------|--------------------------|--------------------------|
| Lois Bowden       | Erin Arrington           | Melanie Hornibrook       |
| Doris Cain        | Trey Brown               | Fran Mitchell            |
| Joyce Denson      | Jaime Dechert            | Marie Morgan             |
| Charlotte Gandy   | Paul Finney              | Amanda Quarte            |
| Dorothy Greggs    | Lauren Gilbert           | Brenda Stewart           |
| Krista Lamkin     | Elizabeth Gilstrap       | Sandra Wilder            |
| Katherine Mann    | Erica Hartman            | Nancy Williams           |
| Bennye Parham     | Torie Hawkins            |                          |
| Elizabeth Sutlive | Marianne McAllister      |                          |

If your name is on this list and you have already taken your TB skin test for the year, or if you are unsure about when it will be time to take your next TB skin test, please call (478) 457-2124, or come by the Volunteer Services Department. Thanks!

### Reflections & Quotes:

We Americans of today, together with our allies, are passing through a period of supreme test. It is a test of our courage-our resolve-of our wisdom-our essential democracy.

-- Franklin D. Roosevelt

## Did you know that...September is Sickle Cell Disease Awareness Month

More than 50 percent of people who have sickle cell anemia will require blood transfusions

Many generous Americans nationwide have been donating blood since the terrorist attacks September 11 to ensure a sustained and secure blood supply for all Americans. Together with the Red Cross, these blood heroes are ensuring that the safest possible blood is readily available whenever and wherever needed - for the military, for other blood centers in America and for all 5,000 of America's hospitals.

We all expect blood to be there for us, but barely a fraction of those who can give do. Yet sooner or later, virtually all of us will face a time of great vulnerability in which we will need blood. And that time is all too often unexpected. From its beginning, the American Red Cross has formed a community of service, of generous, strong and decent people bound by beliefs beyond themselves. The honor, spirit and resources of the American people comes forth with neighbors helping neighbors in need - during earthquakes, floods, fires, storms - and also for the deeply personal and often quiet disasters that require a gift of blood.

To find out where you can donate, visit [www.givelife.org](http://www.givelife.org) or call **1-800-GIVE-LIFE** (1-800-448-3543).

## Clinical Students are coming to ORMC

Students who are studying to be medical professionals are starting to come to ORMC to complete their degree programs. Students from Georgia College & State University, Macon State College, Central Georgia Technical College and the Heart of Georgia Technical College are now coming to our departments to learn first-hand about medical care in our clinical settings. These students will be our next generation of nurses, therapists and technicians that will help us provide the best in healthcare services.

## No Flu Vaccine Shortage in 2006!

**Federal health officials say they expect a record 100 million vaccine doses to be available in the U.S. this flu season, eliminating worries of a shortage.**

Officials stressed that the numbers are based on manufacturers' estimates and that final numbers could fluctuate.

But public health authorities and companies now expect large supplies this fall and winter, a welcome relief from shortages and other supply problems that marked the last two flu seasons.

"If the manufacturers' estimates hold, more people than ever before will be able to protect themselves and their loved ones from influenza this year," CDC director Julie M. Gerberding, MD, MPH, said in a statement.

Safety problems at a vaccine plant in England caused widespread shortages that sent authorities scrambling to find adequate supplies in 2004. The plant, owned by Chiron Corp., also produced less vaccine than expected last year, forcing officials to establish priority groups so high-risk patients could be vaccinated first.

"The problems are resolved" now at the Liverpool plant, says Alison Marquiss, a spokeswoman for Novartis, which owns Chiron Corp. The 2004 and 2005 shortages exposed gaps in the U.S. vaccine supply and have led to calls for more incentives to entice firms to produce flu shots. FoxNews.com Thursday, September 07, 2006 **By Todd Zwillich**



## Volunteers Still Needed

The following departments have critical needs for volunteer help. If you have time available and would like to make a difference in our healthcare services please call or email so that we can get you started!

**Admissions & Registration**

**Employee Health**

**Cancer Treatment Center**

**Information Desk**

**Shuttle Service**

## Volunteer's Monthly Report: July

Total number of volunteer Hours Served:  
1,949

Approximate amount of money saved by ORMC Last Month due to volunteers:  
\$ 23,388

The value of the volunteers at ORMC:  
**PRICELESS!!**

*Colin McCulley—Director of Volunteer Services*

**Phone: 478-457-2124**

**Pager: 451-1701**

**Fax: 478-454-3546**



*Congratulations to Danielle Mason!...Danielle was selected as Georgia College and State University's Outstanding Volunteer of the Month for July 2006. Danielle's service in our Rehabilitation Services Department has been excellent. She truly makes a difference!*

## *Do you know the types of flu?*



### **Flu Terms Defined**

*Seasonal (or common) flu* is a respiratory illness that can be transmitted person to person. Most people have some immunity, and a vaccine is available.

*Avian (or bird) flu* is caused by influenza viruses that occur naturally among wild birds. The H5N1 variant is deadly to domestic fowl and can be transmitted from birds to humans. There is no human immunity and no vaccine is available.

*Pandemic flu* is virulent human flu that causes a global outbreak, or pandemic, of serious illness. Because there is little natural immunity, the disease can spread easily from person to person. Currently, there is no pandemic flu.

For more information on flu types go to the following website:

<http://www.pandemicflu.gov/>